



## Dr. Chalmer's Newsletter - Issue #19

Everything about relationships! Be kind, don't panic, and have faith.



Please tell your email app to display images--if you're not seeing my smiling face, your email isn't cooperating!

### Welcome to Issue #19!

If you want to catch up on earlier issues, you can find the archive [here](#).

We're back in Vermont now, getting ready for the total solar eclipse on April 8. The tourism folks say Vermont might be getting 160,000 visitors, so we should plan on staying off the roads on and around 4/8. That's a lot of people for a small state!

### My big news

I've finished a prepublication version of my new book, *Betrayal, Forgiveness, and Faith: Navigating the Turmoil, Healing, and Finding Trust Again*.

And I'm looking for people to give me either or both of the following:

- Feedback: comments, suggestions, corrections. It's nice to get positive comments ("I like that!"), but the most helpful ones are the critical comments ("I didn't understand that part..." "I disagree...") and the suggestions from your own experience ("Maybe you should include...").
- A blurb: something I can quote in promoting the book. This, of course, should be positive.

If you're willing to read and comment and/or blurb, please reply and I'll be delighted to send you a Word file, so you can put in comments.

Send me a message!

**A word from our sponsor:** Our sponsor for this newsletter is Laria Zylber. Laria's book, *The Blue Tent: Erotic Tales from the Bible*, is available in paperback, eBook, and audiobook versions--just go to her website, <https://lariazylber.com>.

Tell your friends! And if you liked the book, please give it a rating and review on [its Amazon page](#). Thanks!



## News & Schmooze

**Podcast news:** Here are some of the topics and guests Judy and I have covered on our "Couples Therapy in Seven Words" podcast since my last newsletter:

[Polyamory, Lessons for Monogamy, and Burning Man: An Interview with Kathy Slaughter](#)

[177 Lovers and Counting: An Interview with Sexual Anthropologist Dr. Leanna Wolfe](#)

[Simple Sex Education, and Connecting with Your Erotic Self: An Interview with Sarah Watson](#)

[Unpacking the Transformative Narratives in Sexual Fantasies: An Interview with Artemisia De Vine](#)

As always, if you have ideas for guests (including yourself) or topics you'd like us to include, [drop me a line](#).

That's all for now—bye!

--Bruce

Send me a message!

**P.S.** If someone forwarded you this message, and you'd like to subscribe yourself, [go to my website](#) and watch the magic box appear that says "Click here to sign up for Dr. Chalmer's Newsletter!" I'd love to welcome you on board!

Please take a moment to make sure these emails actually make it into your inbox! The easiest way (at least for those of us in Google-land) is just to add me to your contacts.

[Here's a link](#) that tells you how to do it for various email services. Please let me in--it's lonely in the Spam or Promotions folder!

Newsletter Archive - Click Here for Past Issues

## Helpful Links



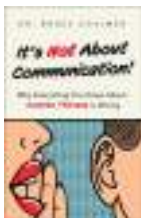
### Podcast

Couples Therapy in Seven Words



### Website

Dr. Chalmer's website:  
Books, couples therapy practice, blog



### It's Not About Communication!

Why Everything You Know About Couples Therapy is Wrong



### Reigniting the Spark

Why Stable Relationships Lose Intimacy, and How to Get It Back

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